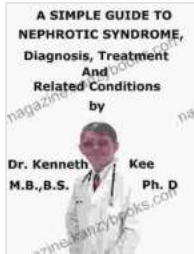


# The Ultimate Guide to Nephrotic Syndrome: Diagnosis, Treatment, and Related Conditions



## A Simple Guide To Nephrotic Syndrome, Diagnosis, Treatment And Related Conditions (A Simple Guide to Medical Conditions) by Kenneth Kee

★★★★★ 5 out of 5

Language : English  
File size : 384 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Print length : 104 pages  
Lending : Enabled



Nephrotic syndrome is a kidney disorder that affects the glomeruli, the tiny filters in the kidneys that remove waste products from the blood. When the glomeruli are damaged, they allow protein to leak into the urine, leading to a condition called proteinuria. Proteinuria can cause a number of health problems, including edema (swelling), high blood pressure, and kidney failure.

Nephrotic syndrome can affect both children and adults, but it is more common in children. The exact cause of nephrotic syndrome is often unknown, but it is thought to be related to an immune system disorder.

## Symptoms of Nephrotic Syndrome

The most common symptom of nephrotic syndrome is proteinuria. Other symptoms may include:

\* Edema (swelling) in the face, hands, feet, and abdomen \* Foamy or bubbly urine \* Weight gain \* Fatigue \* Loss of appetite \* Nausea and vomiting \* High blood pressure \* Kidney failure

## **Diagnosis of Nephrotic Syndrome**

Nephrotic syndrome is diagnosed with a urine test that measures the amount of protein in the urine. A blood test may also be done to check for other kidney problems. A kidney biopsy may be necessary to confirm the diagnosis of nephrotic syndrome and to determine the cause.

## **Treatment of Nephrotic Syndrome**

The treatment of nephrotic syndrome depends on the cause of the disorder. In some cases, the nephrotic syndrome will resolve on its own. In other cases, treatment may include:

\* Steroids \* Immunosuppressants \* Diuretics \* Blood pressure medication \* Kidney transplant

## **Related Conditions**

Nephrotic syndrome can be associated with a number of other conditions, including:

\* Glomerulonephritis \* Lupus \* Diabetes \* Sickle cell anemia \* HIV/AIDS

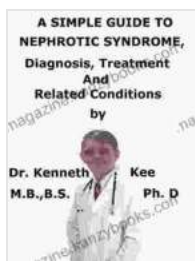
Nephrotic syndrome is a serious kidney disorder that can lead to a number of health problems. However, with early diagnosis and treatment,

most people with nephrotic syndrome can live full and healthy lives.

If you have any of the symptoms of nephrotic syndrome, it is important to see your doctor right away. Early diagnosis and treatment can help to prevent serious complications.

## Additional Resources

\* National Kidney Foundation: <https://www.kidney.org/> \* American Association of Kidney Patients: <https://www.kidneypatients.org/> \* NephCure: <https://www.nephcure.org/>



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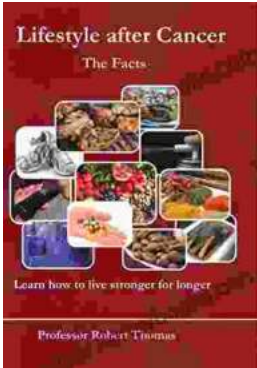
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