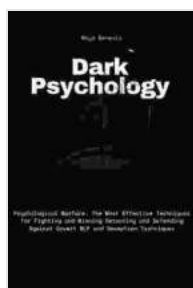


The Most Effective Techniques For Fighting And Winning Detecting And Defending

This book will teach you the most effective techniques for fighting and winning. You will learn how to detect and defend against attacks, and how to counterattack with devastating force.



Dark Psychology: Psychological Warfare: The Most Effective Techniques for Fighting and Winning Detecting and Defending Against Covert NLP and Deception Techniques by Mandy Aftel

★★★★☆ 4.5 out of 5

Language : English
File size : 420 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 82 pages
Lending : Enabled



The techniques in this book are based on real-world experience and have been proven to work in the most dangerous situations. Whether you are a beginner or an experienced fighter, this book will give you the skills you need to protect yourself and your loved ones.

What You Will Learn In This Book

- How to detect and defend against the most common attacks

- How to use your body as a weapon
- How to counterattack with devastating force
- How to fight multiple attackers
- How to use improvised weapons
- How to stay safe in dangerous situations

Benefits Of Learning These Techniques

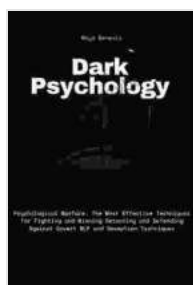
- You will be able to protect yourself and your loved ones from harm
- You will gain confidence and self-assurance
- You will be able to handle conflict peacefully
- You will be able to live a more fulfilling and meaningful life

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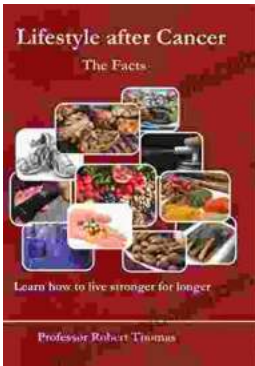
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