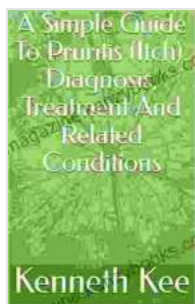


# Simple Guide to Pruritis: Itch Diagnosis, Treatment, and Related Conditions

## What is Pruritis?

Pruritis is a common skin condition characterized by an intense, persistent itch. It can affect any part of the body, but it is most commonly felt on the arms, legs, trunk, and scalp.



## A Simple Guide To Pruritis (Itch), Diagnosis, Treatment And Related Conditions by Kenneth Kee

★★★★★ 5 out of 5

Language : English  
File size : 1404 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Print length : 119 pages  
Lending : Enabled



Pruritis can be caused by a variety of factors, including:

- Dry skin
- Eczema
- Psoriasis
- Contact dermatitis
- Allergic reactions

- Insect bites or stings
- Fungal infections
- Bacterial infections
- Viral infections
- Certain medications
- Underlying medical conditions, such as liver disease, kidney disease, and thyroid disease

## **Symptoms of Pruritis**

The primary symptom of pruritis is an intense, persistent itch. The itch may be mild or severe, and it can be constant or intermittent.

Other symptoms of pruritis may include:

- Redness
- Swelling
- Blisters
- Oozing crusting
- Lichenification (thickening of the skin)

## **Diagnosis of Pruritis**

The diagnosis of pruritis is typically based on a physical examination and a patient's medical history.

The doctor may also Free Download one or more of the following tests to rule out other underlying medical conditions:

- Blood tests
- Skin biopsy
- Patch testing

### **Treatment of Pruritis**

The treatment of pruritis depends on the underlying cause.

For mild cases of pruritis, the doctor may recommend the following:

- Moisturizers
- Calamine lotion
- Hydrocortisone cream
- Oral antihistamines

For more severe cases of pruritis, the doctor may prescribe stronger medications, such as:

- Topical corticosteroids
- Oral corticosteroids
- Immunosuppressants
- Phototherapy

### **Related Conditions**

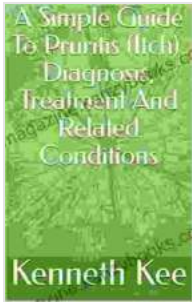
Pruritis can be a symptom of a variety of other medical conditions, including:

- Eczema
- Psoriasis
- Contact dermatitis
- Allergic reactions
- Insect bites or stings
- Fungal infections
- Bacterial infections
- Viral infections
- Certain medications
- Underlying medical conditions, such as liver disease, kidney disease, and thyroid disFree Downloads

Pruritis is a common skin condition that can be caused by a variety of factors. The symptoms of pruritis can range from mild to severe, and the condition can be chronic or intermittent.

The treatment of pruritis depends on the underlying cause. For mild cases of pruritis, the doctor may recommend over-the-counter medications or home remedies. For more severe cases of pruritis, the doctor may prescribe stronger medications or other treatments.

If you are experiencing pruritis, it is important to see a doctor to rule out any underlying medical conditions and to get the appropriate treatment.



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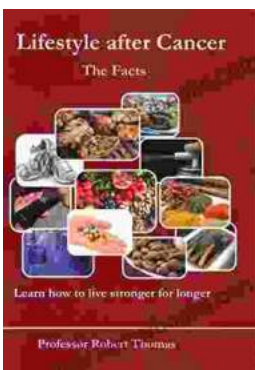
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