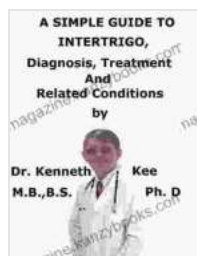


Simple Guide to Intertrigo: Diagnosis, Treatment, and Related Conditions

What is Intertrigo?

Intertrigo is a common skin condition that occurs when two skin folds rub together and become irritated. This can happen in any area of the body where there is skin-to-skin contact, such as the armpits, groin, and under the breasts. Intertrigo is most common in people who are overweight or obese, as the extra skin folds can create more friction. It can also be caused by excessive sweating, poor hygiene, or wearing tight-fitting clothing.



A Simple Guide To Intertrigo, Diagnosis, Treatment And Related Conditions (A Simple Guide to Medical Conditions) by Kenneth Kee

★★★★☆ 4.5 out of 5

Language : English
File size : 421 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled
Print length : 91 pages
Lending : Enabled



Diagnosis	Differentiating characteristics
Allergic contact dermatitis	More intense pruritus; signs of eczema in other body locations; positive patch tests
Irritant contact dermatitis	More intense pruritus; signs of eczema in other body locations
Atopic dermatitis	More intense pruritus; coexisting atopic diseases (e.g., asthma, rhinitis) or family history of atopic diseases; wool intolerance; often in antecubital and popliteal fossae
Seborrheic dermatitis	Erythematous scaly patches on the scalp; dandruff
Psoriasis and nail psoriasis	Psoriasiform lesions elsewhere on the body (especially on the scalp, elbows, knees, and lower limbs); typical nail changes (e.g., pitting, "oil spots," nail dystrophy)
Vitamin deficiency	Other signs of hypovitaminosis (e.g., pityriasis)
Pemphigus vegetans	Coexisting erosions and blisters on skin or mucosae; circulating antibodies of pemphigus type; histopathology with positive immunofluorescent examination
Hailey-Hailey disease (familial benign chronic pemphigus)	Small blisters at the edge of the lesions; palmar/plantar keratoderma; and longitudinal nail stripes may occur

Information from references 7, 11, 13, and 24.

Symptoms of Intertrigo

The symptoms of intertrigo can vary depending on the severity of the condition. Mild cases may only cause mild redness and itching. More severe cases can lead to pain, swelling, and blisters. In some cases, intertrigo can also lead to a secondary infection.

Diagnosis of Intertrigo

Intertrigo is usually diagnosed based on a physical examination of the affected area. Your doctor may also ask about your medical history and symptoms. In some cases, a skin biopsy may be necessary to rule out other conditions.

Treatment of Intertrigo

The treatment for intertrigo will depend on the severity of the condition. Mild cases may only require over-the-counter antifungal creams or lotions. More severe cases may require prescription medications. In some cases, surgery may be necessary to remove excess skin folds.

Prevention of Intertrigo

There are a number of things you can do to prevent intertrigo, including:

* Keep the affected area clean and dry. * Wear loose-fitting, breathable clothing. * Lose weight if you are overweight or obese. * Avoid activities that cause excessive sweating. * Use antifungal powder or cream to help keep the area dry.

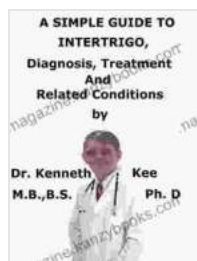
Related Conditions

Intertrigo is often associated with other skin conditions, such as:

* Candida infection * Jock itch * Ringworm * Seborrheic dermatitis

These conditions can all cause similar symptoms to intertrigo, so it is important to see a doctor for an accurate diagnosis.

Intertrigo is a common skin condition that can be easily treated with proper care. By following the tips in this guide, you can help prevent and treat intertrigo and keep your skin healthy.



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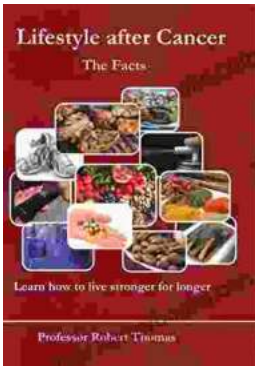
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