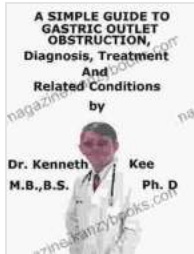


# Simple Guide to Gastric Outlet Obstruction: Diagnosis, Treatment, and Related Conditions



## A Simple Guide To Gastric Outlet Obstruction, Diagnosis, Treatment And Related Conditions

by Kenneth Kee

★★★★★ 5 out of 5

Language : English  
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Enhanced typesetting : Enabled  
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## What is Gastric Outlet Obstruction?

Gastric outlet obstruction (GOO) is a condition that occurs when the passage of food and liquids from the stomach into the small intestine is blocked. This blockage can be caused by a variety of factors, including scarring, tumors, and inflammation. GOO can lead to a number of symptoms, including:

\* Nausea \* Vomiting \* Abdominal pain \* Bloating \* Weight loss \* Fatigue

## Diagnosis of Gastric Outlet Obstruction

GOO is diagnosed based on a patient's symptoms, a physical examination, and a variety of tests, including:

\* **Upper endoscopy:** A thin, flexible tube with a camera on the end is inserted into the esophagus, stomach, and small intestine to visualize the area of obstruction. \* **Barium swallow:** A liquid containing barium is swallowed and X-rays are taken to visualize the upper gastrointestinal tract. \* **Gastric emptying scan:** A radioactive isotope is swallowed and images are taken of the stomach to measure how quickly it empties.

## **Treatment of Gastric Outlet Obstruction**

The treatment of GOO depends on the cause of the obstruction. In some cases, the obstruction can be relieved with medication, while in other cases, surgery is necessary.

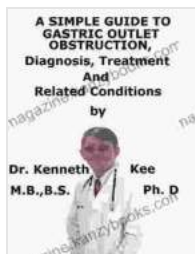
\* **Medication:** Medications that can be used to treat GOO include antibiotics, anti-inflammatory medications, and prokinetics (medications that stimulate the movement of food through the digestive tract). \* **Surgery:** Surgery is necessary to relieve an obstruction that is caused by a tumor, scar tissue, or other physical blockage. The type of surgery that is performed will depend on the cause and location of the obstruction.

## **Related Conditions**

GOO can be associated with a number of other conditions, including:

\* **Pyloric stenosis:** A condition in which the pylorus, the muscular valve that controls the flow of food from the stomach into the small intestine, becomes thickened and narrowed. \* **Gastroparesis:** A condition in which the stomach is paralyzed and unable to empty properly. \* **Gastric cancer:** A type of cancer that can occur in the stomach.

GOO is a serious condition that can lead to a number of complications. However, with early diagnosis and treatment, most people with GOO can make a full recovery. If you are experiencing any of the symptoms of GOO, it is important to see your doctor right away.



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