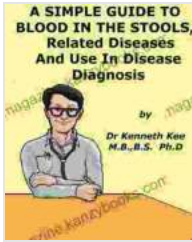


Simple Guide To Blood In Stools Related Diseases And Use In Disease Diagnosis



A Simple Guide to Blood In Stools, Related Diseases and Use in Disease Diagnosis (A Simple Guide to Medical Conditions) by Kenneth Kee

★★★★☆ 4.7 out of 5

Language	: English
File size	: 305 KB
Text-to-Speech	: Enabled
Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 79 pages
Lending	: Enabled



Blood in stools is a common symptom that can indicate an underlying medical condition. It is important to seek medical attention if you notice blood in your stools, as it may be a sign of a serious health problem.

Causes of Blood in Stools

There are a number of different conditions that can cause blood in stools, including:

- **Colorectal cancer:** Colorectal cancer is the most common cause of blood in stools in adults. It is important to get screened for colorectal cancer regularly, especially if you are over the age of 50.

- **Inflammatory bowel disease (IBD):** IBD is a chronic condition that causes inflammation of the digestive tract. There are two main types of IBD: ulcerative colitis and Crohn's disease.
- **Diverticular disease:** Diverticular disease is a condition in which small pouches (diverticula) form in the walls of the colon. These pouches can become inflamed and bleed.
- **Hemorrhoids:** Hemorrhoids are swollen veins in the anus. They can cause pain, itching, and bleeding.
- **Anal fissures:** Anal fissures are small tears in the lining of the anus. They can cause pain and bleeding.

Symptoms of Blood in Stools

The symptoms of blood in stools can vary depending on the underlying cause. However, some common symptoms include:

- Bright red blood in stools
- Dark red or black stools
- Blood clots in stools
- Pain or discomfort during bowel movements
- Constipation or diarrhea
- Weight loss
- Fatigue

Diagnosis of Blood in Stools

If you notice blood in your stools, it is important to see a doctor for diagnosis. Your doctor will likely ask you about your symptoms and medical history. They may also perform a physical exam and Free Download some tests, such as:

- **Blood test:** A blood test can check for anemia, which is a condition that occurs when there is not enough red blood cells in the body.
- **Stool test:** A stool test can check for blood in the stools and other signs of infection or inflammation.
- **Colonoscopy:** A colonoscopy is a procedure in which a thin, flexible tube with a camera on the end is inserted into the rectum and colon. This allows the doctor to visualize the inside of the colon and rectum and look for any abnormalities.

Treatment of Blood in Stools

The treatment for blood in stools will depend on the underlying cause. However, some common treatments include:

- **Medications:** Medications can be used to treat certain conditions that cause blood in stools, such as IBD and hemorrhoids.
- **Surgery:** Surgery may be necessary to remove a tumor or to treat a condition such as diverticular disease.
- **Lifestyle changes:** Lifestyle changes, such as eating a healthy diet and exercising regularly, can help to prevent certain conditions that cause blood in stools.

Prevention of Blood in Stools

There are a number of things you can do to help prevent blood in stools, including:

- **Get regular colorectal cancer screenings:** Colorectal cancer screening tests can help to detect colorectal cancer early, when it is most treatable.
- **Eat a healthy diet:** A healthy diet that is high in fiber and low in fat can help to prevent certain conditions that cause blood in stools, such as diverticular disease and hemorrhoids.
- **Exercise regularly:** Exercise can help to prevent constipation, which can lead to hemorrhoids.
- **Maintain a healthy weight:** Being overweight or obese can increase your risk of developing certain conditions that cause blood in stools, such as colorectal cancer and diverticular disease.

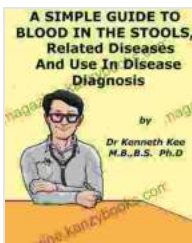
Blood in stools is a common symptom that can indicate an underlying medical condition. It is important to seek medical attention if you notice blood in your stools, as it may be a sign of a serious health problem.



Blood in stools can be a sign of an underlying medical condition.

Additional Resources

- National Institute of Diabetes and Digestive and Kidney Diseases: Blood in Stool
- Mayo Clinic: Blood in Stool
- WebMD: Blood in Stool



A Simple Guide to Blood In Stools, Related Diseases and Use in Disease Diagnosis (A Simple Guide to Medical Conditions) by Kenneth Kee

★★★★☆ 4.7 out of 5

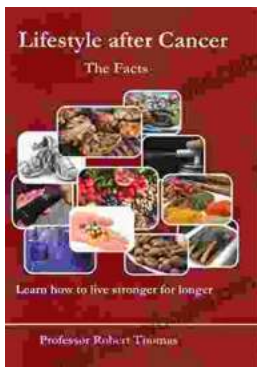
Language : English
File size : 305 KB
Text-to-Speech : Enabled
Screen Reader : Supported
Enhanced typesetting : Enabled
Word Wise : Enabled

Print length : 79 pages
Lending : Enabled



Loving Table: Creating Memorable Gatherings

Gatherings around the table are a time-honored tradition that brings people together to share food, laughter, and conversation. In her new...



Lifestyle After Cancer: The Facts

Cancer is a life-changing experience that can have a profound impact on your physical and emotional health. After treatment, you may be faced with a new set...