

# Defeating the Giant: A Survivor's Guide to Living with Esophageal and Breast Cancer

By [Author's Name]



## Cancer Saved My Life: Defeating The Giant To Live With Esophageal And Breast Cancer by Roberta Schneider

★★★★★ 5 out of 5

Language : English  
File size : 1229 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Word Wise : Enabled  
Print length : 172 pages



This is a personal account of an 8-year cancer journey, including a stage IV esophageal cancer diagnosis, treatment, and recovery, along with a breast cancer diagnosis and lumpectomy 5 years later. It is also a unique perspective on being a caregiver to a spouse with cancer.

Filled with encouragement, humor, and practical advice, the author hopes to inspire and give hope to others facing similar challenges. The book's title, "Defeating the Giant," reflects the author's battle with cancer and her ultimate triumph over it.

The cover image is a photograph of the author standing on a mountaintop, symbolizing her victory over cancer and her indomitable spirit. The book is written in a conversational style, making it easy to read and relatable. The author shares her story with honesty and vulnerability, offering insights and encouragement to others facing cancer. She also provides practical advice on topics such as nutrition, exercise, and emotional well-being.

"Defeating the Giant" is an inspirational and informative book that will resonate with anyone who has been touched by cancer.

## **Reviews**

"This book is a must-read for anyone facing cancer. It is filled with hope, encouragement, and practical advice. The author's story is inspiring and her insights are invaluable." - [Reviewer's Name]

"I am so grateful for this book. It has given me hope and strength during my own cancer journey. The author's story is a reminder that we are not alone

and that we can overcome anything." - [Reviewer's Name]

"This book is a gift to anyone who has been touched by cancer. It is a source of encouragement, inspiration, and practical advice. The author's story is a powerful reminder that we can defeat the giant of cancer and live full and meaningful lives." - [Reviewer's Name]

## About the Author

[Author's Name] is a cancer survivor and advocate. She has been living with stage IV esophageal cancer for 8 years and has also been diagnosed with breast cancer. She is passionate about helping others facing cancer and their loved ones. She is a member of the American Cancer Society's Patient Advisory Board and the Esophageal Cancer Action Network's Patient Advisory Council. She is also a volunteer with the American Cancer Society's Road to Recovery program.

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